

Who can benefit from a Social Skills Group?

- ▲ Children who appear lonely or who feel left out, or who have no one to play with or "hang out" with at recess or lunch.
- ▲ Children who complain that "nobody likes me," or, "I don't have any friends," or, "they always tease me," etc.
- ▲ Children who have repeated conflicts or who act aggressively with other children, or who have difficulty with competition and "losing"
- ▲ Children who often seem to annoy others.
- ▲ Children who have difficulty interpreting social cues such as body language, facial expressions, personal space, "joking around," etc.
- ▲ Children who demonstrate poor social listening skills and who have trouble initiating and maintaining social conversation

www.friendsmarts.com

745 Distel Drive, Suite #119
Los Altos, CA 94022

FriendSmarts

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Social Skills
Groups for Kids



Juliet Melamid, MFT
Ginny Strock, Ph.D., MFT

(650) 988-8855

How Social Skills Groups Can Help

Social behavior can only be learned in a social context. Sometimes children don't learn social skills from environmental cues and learning, and they require direct teaching and practice. Children can be coached in social skills development in the context of a small group where specific skills are taught, practiced, and reinforced. Children learn how to initiate social contact and how to enhance the quality and scope of interaction.

Groups help children learn new behaviors, practice them, and transfer them to "real life" social situations. Groups consist of 4-6 children and meet weekly for one hour. Sessions last from 12-14 weeks and include an initial consultation, a social skills evaluation, and a follow-up conference.

After accessing our website at www.friendsmarts.com please call for an initial consultation.

Ginny Strock, Ph.D., MFT

Ginny has had many years of experience with children as a preschool teacher, elementary school teacher, special education teacher, school psychologist, and as a therapist in private practice. She has been leading social skills groups for children for 15 years both as a school psychologist and in her private therapy practice.

In addition to her private practice where she specializes in children, families, and parenting, she consults weekly with parents who attend the Palo Alto Preschool Family program, speaks at numerous elementary and preschool sites, and has supervised counseling interns in the Palo Alto Unified School District.

Juliet Melamid, M.A., MFT

Juliet has more than 20 years experience working with children and their families and leading social skills groups for children.

Prior to becoming a marriage and family therapist, Juliet was a speech, language and learning problems. Juliet has extensive experience helping children with pragmatic language problems navigate the nuanced realm of social relationships.

In 2000, Juliet co-founded the FriendSmarts program with Ginny Strock. In 2010, Juliet redesigned the program to focus on the social needs of children in fourth grade through high school.

Call FriendSmarts for an initial consultation.

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Notes: